

## **BISHS CREST: Rugby Sport Program 2025**

### **Expression of Interest**

Your student is invited to apply for the BISHS CREST: Rugby Sport Program.

#### **What is the CREST Rugby Sport Program?**

The BISHS CREST: Rugby Sport program is an all-inclusive program for students in Years 7-9 that caters for individual needs for both males and females with the aim to create active, well rounded and committed young people with an interest in rugby sports including:

- Rugby League
- Touch
- Oz Tag

The program provides students with the opportunity develop their skills and provide a genuine learning pathway with Rugby League, Touch and Oz Tag as the lens for their studies.

Students in the program will gain access to a high-quality sporting program with recognised accredited rugby sport-based coaches and teachers. Student's will participate in a tailored curriculum and engage in extracurricular rugby sport excursions and activities.

#### **The program focuses on a holistic approach to talent development which is made up of 4 core areas:**

1. **Athlete Development:** Enhancement of fundamental skills, game knowledge and performance habits.
2. **Promoting personal Growth:** Through the development of leadership skills, wellbeing, communication and teamwork.
3. **Community:** Increased participation in the Bribie Island and Sunshine Coast Rugby League Communities, whether it's on the field as a player, or referee, or off the field as a coach or volunteer at the local RL club.
4. **Future Pathways:** Students will be provided with a range of career pathways through the practical experience in rugby related areas such sports performance, sports psychology and nutrition along with the opportunity to gain qualifications in areas such as coaching and umpiring. The Rugby Sports program will have direct alignment to senior pathways in the senior phase of learning including Certificate III in Fitness, Certificate II in Sports and Recreation and Senior Physical Education

#### **Extra-Curricular Experiences:**

Students will be engaged in a number of experiences that will help develop the student around our core aims of the program. The possible experiences that the students will have the opportunity to participate in are:

- Participation in competitions such as the NRL Schoolboy Trophy, All Schools Touch
- Mentoring by highly qualified coaches supported by NRL and QRL
- Access to Professional NRL Education Programs including (Training Habits, Sports Psychology, Nutrition, recovery)
- Leadership development and team building days and activities
- Tailored Strength and conditioning programs and sessions
- Refereeing and coaching qualifications



**Expectations:**

Before committing to the CREST: Rugby Sports program, it is important that you review the code of conduct with your child to fully understand and be aware of the commitments required to be a successful Rugby sports excellence student.

Students should demonstrate:

1. Commitment to sporting pursuits and willingness to work within a team environment
2. A desire and ability to play Rugby sports (Rugby League, Touch, Oz Tag)
3. School attendance is at 90% and provide explanations for any absences
4. Abide by the school's behaviour expectations
5. Wear the School Uniform in correct manner at all times
6. Students are expected to participate in all school Rugby League games
7. Demonstrate sportsmanship and fair play at all times
8. All students will be required to sign an agreement and pay annual fee (TBD) which includes; additional training gear, bus levies and the cost of extra-curricular activities. Any additional camps or excursions will incur additional costs

**Selection and Application for the Program**

- All students interested in applying for the CREST: Rugby Sports program for 2025 must submit an **Expression of Interest form** by the following dates:

<b>Year 7 2025</b>	Term 4 Week 5- Tuesday 29 <sup>th</sup> of October
<b>Year 8 2025</b>	Term 4 Week 4- Thursday 24 <sup>th</sup> of October
<b>Year 9 2025</b>	

All applications can be submitted by the following ways:

- a) Completing the online EOI Link and QR Code- <https://forms.office.com/r/K0VdMsbVWd>
- b) Emailing EOI form to Mr Jeffery at [jjjef0@eq.edu.au](mailto:jjjef0@eq.edu.au)
- c) Returning hard copy form to Mr Jeffery in laser staffroom or Mr Hales in Q Block staffroom



For further information of enquiries, please contact Jayden Jeffery at [jjjef0@eq.edu.au](mailto:jjjef0@eq.edu.au) or call Bribie Island State High School on 3400 2444.

Kind regards,



Mr Mitch Mullen  
**Deputy Principal**



Mr Jayden Jeffery  
**Head of Department- Junior Secondary**

<b>BISHS CREST RUGBY SPORTS - EXPRESSION OF INTEREST FORM</b>			
<b>STUDENT DETAILS</b>			
STUDENT NAME			
DATE OF BIRTH		GENDER	
ADDRESS			
YEAR LEVEL APPLYING FOR IN 2025 (please circle)	Year 7	Year 8	Year 9
PREVIOUS SCHOOL			

<b>PARENT DETAILS</b>			
<b>PARENT 1</b>		<b>PARENT 2</b>	
FULL NAME		FULL NAME	
PHONE NUMBER		PHONE NUMBER	
EMAIL		EMAIL	
ADDRESS (if different from student)		ADDRESS (if different from student)	

## **BISHS CREST RUGBY SPORT - EXPRESSION OF INTEREST**

1. Why would you like to be involved in the Rugby Sport program at Bribie Island State High School?

2. Are you currently involved in your school sporting community? If so, what sports do you play or how are you involved?

3. How are you currently involved in the sports community outside of school? If so, what club/ sports do you play.

4. What is your current level of experience playing Rugby League/Touch/ Oz Tag (playing history, club/school/representative)